



SPECIAL SCHOOL MENU 2023/24

17th Apr-8th May-5th Jun-26th Jun-17th
Jul-18th Sep-9th Oct-6th Nov-27th Nov-
1st Jan-22nd Jan-19th Feb-11th Mar

24th Apr-15th May-12th Jun-3rd Jul-4th Sep-
25th Sep-16th Oct-13th Nov-4th Dec-8th Jan-
29th Jan-26th Feb-18th Mar

1st May-22nd May-19th Jun-10th Jul-11th
Sep-2nd Oct-30th Oct- 20th Nov-11th Dec-
15th Jan-5th Feb-4th Mar-25th Mar

	MAINS	SIDES	DESSERT
MON	Option 1: Macaroni cheese	Broccoli Baked beans	Cheesecake
	Option 2: Quom Sausage Twist Wedges		
TUE	Option 1: Cottage Pie	Cauliflower Peas	Lemon Drizzle Cake
	Option 2: Bean Chili Rice		
WED	Option 1: Roast Chicken Roast Potatoes	Mashed Swede, Chefs Choice	Sultana Cookie
	Option 2: Lentil Roast		
THU	Option 1: Sausages & Onion Gravy Mashed Potatoes	Carrots & Green Beans	Peach & Strawberry Whip & Sauce
	Option 2: Quom Bolognaise Pasta		
FRI	Option 1: Battered Fish Chips	Broccoli, Sweetcorn	Fruit Muffins
	Option 2: Kim's Sweet potato & Lentil Dahl & Rice		

	MAINS	SIDES	DESSERT
MON	Option 1: Quom Southern Spiced Burger, Bread Roll	Sweetcorn Broccoli	Fruit Smoothie
	Option 2: Italian Lentil & Chickpea Pasta		
TUE	Option 1: Lamb Tagine Rice or Cous Cous	Cauliflower Baked Beans	Chocolate Brownie
	Option 2: Vegetable Goujons Mash		
WED	Option 1: Beef Lasagne Garlic Bread	Country Mixed Vegetables	Fruit Flapjack
	Option 2: Frittata Garlic bread		
THU	Option 1: Roast Chicken Roast Potatoes	Swede Chefs Choice	Iced Bun Fruit Juice
	Option 2: Quom Roast		
FRI	Option 1: Salmon Fishcakes	Carrots Mushy Peas	Fruit Crumble Custard
	Option 2: Bean & Ratatouille Bake		

	MAINS	SIDES	DESSERT
MON	Option 1: Pizza	Country Mixed Vegetables	Chocolate & Orange Shortbread
	Option 2: Smokey Vegeballs Yellow Rice		
TUE	Option 1: Roast Pork, Roast Potatoes	Swede & Cabbage or Chefs Choice	Fruits of the Forest Sponge
	Option 2: Chickpea Roast		
WED	Option 1: Beef Burger Bread Roll	Mixed Salad, Coleslaw, Cauliflower	Lemon & Ginger Oaties
	Option 2: Creamy Quom Pie Wedges		
THU	Option 1: Chicken Curry Rice	Broccoli, Baked Beans	Apple Turnover
	Option 2: Jacket Potato & Cheese		
FRI	Option 1: Tuna Pasta	Carrots Peas & Sweetcorn	Chefs Choice Milkshake
	Option 2: Quom Hotdog Roll, Herby Dice		



FRESHLY BAKED BREAD AVAILABLE DAILY,
JUGS OF WATER & MILK.
ADDITIONAL DESSERT OPTIONS - FRESH
FRUIT AND FRUIT YOGHURT

SPECIAL SCHOOL MENU – 2023/24

Welcome to your new school meals menu. School meals are free for all pupils in Reception, Year 1 and Year 2 and for pupils who are entitled to Free School Meals (FSM). For pupils in other years meals can be ordered, and paid for at the school office.

HOW DO I ORDER AND PAY FOR A SCHOOL MEAL?

All meals must be ordered at your school office. If you are entitled to FSM or your child is in Reception, Year 1 or 2 the school will order for you with the kitchen and you do not need to contact the school after your initial order.

WHAT HAPPENS IF MY CHILD IS SICK AND CANNOT ATTEND SCHOOL?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

WHAT HAPPENS IF MY CHILD HAS A SCHOOL TRIP?

FSM and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order this with the kitchen. Paid meals should be ordered with your school as usual.

KEY CONTACTS:

Orders / Payments / Cancellations - Your school office.
Special Diets - Your school office in the first instance.
Office Hours - School opening hours.
Compliments / Complaints /
Feedback - catering.advisory.service@westsussex.gov.uk

Lunch Time

AS PART OF OUR COMMITMENT TO GREAT SCHOOL MEALS WE;

- Work with the Lead Association for Catering in Education (LACA) to ensure that our menus comply with the Government's School Food Standards and are proud to display LACA endorsement on our menus.
- Can work with you and the school to tailor your child's menu to support their medically prescribed special diet. Please ask for a Special Diet Request Form from the school office, once completed return with the medical evidence to the school office. This request will then be passed to and reviewed by the Catering Team and where possible a special diet meal will be provided.
- Have reduced sugar, salt and fat content on our menu.
- Produce meals in school by our highly trained and award winning teams.
- Work with schools to support your child's lunchtime experience.

Are you claiming your free school meal?

If you are in receipt of certain benefits your child may be entitled to Free School Meals (FSM).

Visit www.westsussex.gov.uk for more information.

01243 752 835 or
fsm@westsussex.gov.uk

